



Dr. Swati Varma, LLC

Identifying Information

Name: _____

Birthdate: _____ Age: _____

Address: _____

Marital Status: Single Married Separated / Divorced Widowed Committed
Relationship

Occupation/School: _____

Ethnic/Racial Identity: _____

To (re)schedule appointments, where may I contact you?

Cell #: _____ Voicemail OK?

Yes No

Home #: _____ Voicemail OK?

Yes No

Email:

Who may I contact in case of an emergency?

Name: _____

Phone: _____

Relationship: _____

Referral Source (How did you learn about my practice):

Referred by _____

Swati Varma, Psy.D. || Licensed Clinical Psychologist
T: 312.380.9532 || Drswati.psyd@gmail.com

Insurance Provider Psychology Today Google Other _____

Primary Care Provider: _____

Phone: _____

Clinical Information

Briefly describe your reasons for seeking services:

Do you have specific goals for therapy?

Have you ever had previous counseling or psychotherapy? Yes No

Name: _____

Approx. Mo/Year: _____

Name: _____

Approx. Mo/Year: _____

Have you ever been hospitalized for a psychiatric reason? Yes No

Have you ever made a suicide attempt/gesture? Yes No

Have there been any significant changes to you/your family in the last 6 months? If so, please describe:

Please list current medical conditions:

Please list current medications (prescribed & OTC):

Medication Name	Dose

Family History: Please use the suggested symbols to indicate if a relative has been diagnosed, treated or suspected of having with one of these health conditions. **Dx = Diagnosed. Tx = Received Treatment. Sus = You suspect they suffer from this condition.**

	Mother	Father	Sibling	Children	Father's Parent	Mother's Parent
Depression						
Anxiety						
Panic Attacks						
OCD						
ADHD						
Learning Problems						
Autism						
Bipolar Disorder						
Schizophrenia						
Alcoholism						
Drug Addiction						
Thyroid Problems						
Sleep Disorder						
Other:						
Other:						

Thank you for completing the paperwork. Data is solely used for the purpose of understanding treatment concerns and will be held strictly confidential.